

Dr Tajali Nazir Shora (MBBS,MD-Community Medicine)

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Jammu and Kashmir, India

OBJECTIVE

- **Use my skills, training and experiences to secure a position as a Community Medicine Specialist with a reputable institute.**

WORK EXPERIENCE

- **Government Medical College Anantnag**
Jammu and Kashmir
 - Assistant Professor, Department of Community Medicine *Dec 2018 to Till Present*
- **General Directorate of Health Affairs in Riyadh region,**
Riyadh, Kingdom of Saudi Arabia
 - Community Medicine Specialist *Aug 2016 to Dec 2018*
- **Government Medical College and Hospital Jammu,**
Jammu and Kashmir, India
 - **Senior Resident, Post Graduate Department of Community Medicine**
 - *Worked as a Medical Officer on rotational basis with adequate knowledge of professional medical practice and procedures.*
 - *Worked as Co-Investigator in Multicenteric Clinical trial related to Rota Virus Vaccine Development sponsored collaboratively by Serum Inst. of India and PATH International*
 - *Worked as Co-Investigator in an Inventory study to estimate the tuberculosis reporting.*
 - *Worked as Co-Investigator in Clinical Trial related to Rabies sponsored by Serum Institute of India.*
 - *As Co-Investigator with ICMR funded project of Rickettsial Disease survey.*
 - *Help the research scholars in statistically analyzing and interpreting their work.* *Jun/2013 to May 2016*
- *Conducted a community survey twice on the prevalence of Iodine Deficiency Disorder in Children.* *2011 & 2012*
- *Worked as a part of team in conducting HIV Sentinel Surveillance Program.* *2012*
- *Conducted a survey to study the epidemiology of Diabetes Mellitus in rural area of J&K.*

- *Conducted a community survey on the prevalence of anaemia in pregnancy.* 2011
- *Worked as an external observer in National Polio Surveillance Programme.* 2010
- *Trained various health workers including Medical Officers, Auxiliary Nurse Midwives and other health workers regarding adolescent health, child health and nutrition.*
- *Voluntary Health Care Worker during Mumbai Floods and received due appreciation for the work.* 2005

JOB FUNCTIONS

- Deliver lectures, seminars and tutorials to both Undergraduate and Post Graduate students
- Assist students' research activities, including final year undergraduate projects, MD dissertations.
- Contribute to professional conferences and seminars.
- Analyzing epidemiologic and surveillance data on communicable and non-communicable disease prevalence and risk factors, including complex analysis of data sets.
- Creating summary tables, reports, figures and text for publication and presentation to professional organizations and the general public.
- Conducting record reviews for epidemiologic research projects to ensure compliance and accuracy.
- Delivering disease prevention lectures among large masses.

EDUCATION

- **Rajiv Gandhi Medical College and Chatrapati Shivaji Maharaj Hospital,**
Thane Maharashtra, India
Bachelor of Medicine and Bachelor of Surgery (MBBS) Sept/2003-Feb/2009
- **Government Medical College and Hospital Jammu,**
Jammu and Kashmir, India
MD (Doctor of Medicine) in Community Medicine May/2010-May/2013
- **Indian Institute of Public Health, Delhi India**
Post Graduate Diploma in Epidemiology (DL) Jan/2012- Dec/2012

TRAINING

- Underwent three days training in “Application of Statistical software in Medical Research” held at Institute of Cytology and Preventive Oncology, Noida (**Indian Council of Medical Research, Delhi**)

PUBLICATIONS

1. Prasad S.Kulkarni, Sajjad Desai, Tushar Tewari, **Tajali Nazir Shora**,..... A randomized Phase III clinical trial to assess the efficacy of a bovine-human reassortant

pentavalent rotavirus vaccine in Indian infants. *Vaccine*. Available online 26 September 2017. <https://doi.org/10.1016/j.vaccine.2017.09.014>

2. Rajiv Kumar Gupta, **Tajali N Shora**, Aruna Kumari Verma, Sunil Kumar Raina. Utility of MDRF-IDRS (Madras Diabetes Research Foundation-Indian Diabetes Risk Score) as a tool to assess risk for diabetes — a study from north-west India. *Int J Diabetes Dev Ctries* 2015;35(4):570-72. Doi 10.1007/s13410-015-0346-8.
3. Gupta RK, Raina SK, **Shora TN**, Jan R, Sharma R, Hussain S. A household survey to assess community knowledge, attitude and practices on malaria in a rural population of Northern India. *J Family Med Prim Care* 2016;5:101-7.
4. Gupta RK, **Shora TN**, Verma AK, Jan R. Knowledge regarding antenatal care services, its utilization, and delivery practices in mothers (aged 15-49 years) in a rural area of North India. *Trop J Med Res* 2015;18:89-94.
5. Kumar V, Kumar D, **Shora TN**, Dewan D, Mengi V, Razaq M. Prevalence of tobacco, alcohol, and other drug abuse among school-going male adolescents in Jammu. *Int J Med Sci Public Health* 2016;5:246-51. doi:10.5455/ijmsph.2016.2906201553
6. Jallu R, Gupta RK, Raina SK, **Shora TN**, Jan R. T2DM Risk Factors: A Population Based Cross-Sectional Study in Rural Area of Northwest India: A Case Report. *Endocrinol Metab Syndr* 2015 4:184. doi:10.4172/2161-1017.1000184
7. Singh P, Gupta RK, Jan R, **Shora TN**, Raina SK. Assessing the functional disability of rural elderly population from North-West India using activity of daily living scale: A cross-sectional survey. *J Dent Allied Sci* 2017;6:56-9.
8. Rajiv Kumar Gupta, **Tajali N Shora**, Rayaz Jan, Sunil Kumar Raina, Vijay Mengi, Vijay Khajuria. Knowledge, Attitude and Practices in Type 2 Diabetes Mellitus Patients in Rural Northern India. *Ind J Community Health* 2015;27(3):327-33.
9. Singh P, Gupta RK, **Shora TN**, Jan R. Tobacco and alcohol use in elderly population of rural India. *Int J Med Sci Public Health*. 2017; 6(6): 1072-1076. doi:10.5455/ijmsph.2017.0204423022017
10. Ayub T, Kumar D, **Shora TN**. Psychosocial, demographic, educational and health characteristics of street children – a qualitative study. *Int J Med Sci Public Health* 2016;5 (Online First). DOI: 10.5455/ijmsph. 2016.09122015290
11. Gupta RK, Raina SK, Verma AK, **Shora T**. Emergency contraception: Knowledge and attitude towards its use among medical students of a medical college in North-West India. *J Pharm Bioall Sci*. Doi:10.4103/0975-7406.175974.
12. Jan R, Kumar D, **Shora TN**, Hussain S, Dewan D. Awareness of Flu in a rural population of Jammu. *Ind J Community Family Med* 2016, 2(1); 77-80.
13. Kotwal S, Kumar D, Thakur S, **Shora TN**, Dewan D, Bala K. Feasibility of establishing and operationalizing basic health and demographic surveillance system (HDSS) in rural area of northern India. *Int J Med Sci Public Health* 2017;6 (Online First). DOI: 10.5455/ijmsph.2017.10062016553
14. Singh P, Gupta RK, Jan R, **Shora TN**. Morbidity Profile of Rural Geriatric Population in North India: A Community Based Cross-sectional Study. *JK Science* 2016: 18(2);98-102.
15. Singh P, Gupta RK, **Shora TN**, Langer B, Kumari R, Gupta R. Gender based knowledge, attitude and practice study about blood donation among medical students in a sub-Himalayan state. *Int J Res Med Sci* 2017;5:1882-7

16. Razaq M, Harish R, Kumar D, **Shora T**. Physical and Non-invasive Variables of Emergency Triage in Relation to Outcome of Hospitalized Children. *Int J Sci Stud* 2015;3(4):20-24.
17. Gupta RK, Verma A, **T Shora**. KAP on Emergency Contraception among currently married females aged 20-49 yrs in rural area of Jammu district, J&K. *Ind J Maternal And Child Health*, 2012 Jan- Mar;14.
18. Gupta RK, Verma AK, **Shora TN**. Contraceptive Prevalence, Attitude and Choice among Women of Reproductive Age Group in a Rural Area of Jammu, India. *Public Health Research* 2013, 3(4): 92-97.
19. **Shora TN**, Jamwal DS, Gupta RK. Prevalence of diabetes mellitus and co-morbid conditions among people aged 30 years and above in a rural area of Jammu. *J Scient and Innovative Res* 2014; 3 (1): 11-15.
20. Jan R, Gupta RK, Singh P, **Shora TN**, Hussain S. Risk Factors for Stroke: A Hospital Based Descriptive Study in North India. *Int J Stroke Res* 2015, 3(1): 1-5.
21. Sangral R, Lachala K, Kumar D, **Shora TN**, Dewan D, Sangra S. To Study the Knowledge, Attitude and Practices Regarding Management of Animal Bites Among General Population in A Rural Area of Jammu – A Community Based Cross-Sectional Study. *Ind J Res* 2015, 4(3):6-8.
22. Parveen Z, Hussain S, Jamwal DS, **Shora TN**. Lifestyle diseases and their risk factors in a rural population of Jammu, India. *Int J Med Res Prof.* 2016, 2(1); 51-56.
23. Nazir F, Tali SH, Shora TN, Yousuf S. Breastfeeding Practices In Rural Field Practice Area Of A Government Medical College In Northern India. *Asian J Pharm Clin Res*, Vol 15, Issue 12, 2022, 176-178.
24. Dar MA, Shah SB, Nawaz S, **Shora TN**, Kumari P, Tailie JA. Psychiatric morbidity and quality of life in infertile females: a cross-sectional, case-controlled hospital-based study. *Middle East Current Psychiatry* (2022) 29:89.
25. **Shora TN**, Joziea F, Ummer F. Perception Towards Online Teaching During Covid-19 Pandemic among Students Of College Of Nursing And Paramedical Sciences, Govt. Medical College Anantnag, J &K. *Int J Applied Sci Res* 2021 4(5).
26. Nawaz SA, Shah SB, Dar MA, **Shora TN**, Kumari P. Study Of Psychiatric Morbidity In Pregnant Females: A Hospital-Based Cross-Sectional. *J Positive School Psychology* 6(8): 8962-65.
27. Nawaz SA , Duri S, Dar MA, Jallu R, **Shora TN**, Dhingra M. Do SARS-CoV-2-Infected Pregnant Women Have Adverse Pregnancy Outcomes as Compared to Non-Infected Pregnant Women? *Int J Women’s Health* 2022:14 1201–10.
28. Shera S, Hussain SI, Bhat S, Khurshid S, Farooq S, Khan MA, Gull S, **Shora TN**, Mir SA. Expression of VEGF In Breast Cancer. *Int. J Adv Res.* 2019 7(10): 897-901.
29. Mufti M, Nasti H, **Shora TN**. Evaluation of Modifiable Risk Factors in the Development of Age Related Macular Degeneration in Kashmiri Population. *Int J Physiology* 7(4):133.
- 30.

ACTIVITIES

➤ **Oral Presentation:**

- KAP on Emergency Contraception among currently married females aged 20-49 yrs in rural area of Jammu district, J&K in 39th Annual National Conference Indian Association

of Preventive and Social Medicine held at Dr RPGMC, Tanda, Kangra, Himachal Pradesh, India. 27-29 Feb 2012

➤ **Poster Presentation:**

- Epidemiology of HIV infection among female patients of Pulmonary Tuberculosis at Govt. Medical College Jammu, at International Conference on Emerging Frontiers and Challenges in HIV/AIDS Research, Indian Institute of Population Sciences at Mumbai, India (April-2010).
- Contraceptive Prevalence, Attitude and Choice among Women of Reproductive Age Group in a Rural Area of Jammu, India in 18th International Congress on Rural Health & Medicine, Kala Academy, Panaji, Goa, India. 10-12 Dec 2012.
- Tobacco Abuse: Prevalence, Patterns and Awareness among rural adults in 19th Annual Conference of North-Zone of IAPSM, on 09th & 10th Oct 2015, organized by Deptt of Community Medicine, GMC Srinagar, Kashmir, J&K.

➤ **Membership:**

- Lifetime member of Indian Association of Preventive and Social Medicine.

INTERESTS

- Research
- Epidemiology, Health Informatics, Infection Control, HIV/AIDS, Polio, Maternal and Child Health, Non Communicable Diseases, Nutrition.
- Frequent reader of Lancet, British Medical Journal, WHO Bulletin etc.
- Learning about new technology and its applications in the field of Public Health.

COMPUTER SKILLS

- Statistical software
 - Advanced in OpenEpi, WinPEPI
 - Intermediate in SPSS.
- Advanced in MS Word, Excel, Powerpoint.

LANGUAGE SKILLS

IELTS Overall Band Score: **7.5**(26/Jun/2015)